

The Bimonthly Newsletter of the United Divers of New Hampshire

A Cold Splash from the Past



An unidentified UDNH ice diver at Glen Ellis Falls in 1980. Photograph by Martha Petrowski.

The Weather Played Tricks!

The Lady of the Lake ice dive didn't quite happen as planned this year. It seemed to rain all week prior to Saturday, February 24. Images of divers turning into giant diver-sicles standing on a frosty wet lake waiting for their chance to get under the ice dampened some spirits. Well it poured even more on Saturday, and the crew postponed the dive until Sunday.

Sunday broke bright, and dry but the wind howled across the lake. The changing tent blew down. The famous "pee-pee" tee-pee couldn't even be put up against the wind. Yet, our intrepid divers braved the wind and completed some great dives.

President's Corner

by Phil Morrison

As I tried to figure out what to write for this month's column, I decided it was a little early in the year to start encouraging people to get out and dive. While there are a few hardy souls who don't mind diving in the frigid waters of a New England winter, most divers won't even think about getting in the water for several more months. However, it is never too early to start preparing to get out and dive. Here are a few suggestions for getting ready for the upcoming dive season.

Continued on next Page -->

Training.

Unless you are one of those fortunate ones who could afford a dive trip to some exotic location, or one of those hardy souls mentioned above, it has probably been a few months since you hit the water. It is easy for your diving skills to become a little rusty over the winter. Especially if you are a new diver. It seems like the less experience you have, the quicker you lose it. So now is the time to start boning up on some of those skills. How do you do this? One way is to take advantage of some of the training sessions we will be providing during club meetings. As I mentioned in my last column, our Dive Coordinator, Ken Anderson, is planning to use several club meetings this year to provide some refresher training as well as training in new skills. Some of these will incorporate pool time as well.

Of course, you are always free to bring your equipment and use the pool after the meeting to review your own skills.

There are other options for refreshing your skills. You might consider taking an advanced or specialty class through one of the local dive shops.

Then there is the Boston Sea Rovers dive show, which will be held on March 2 & 3, 1996 in Boston. There will be workshops available for divers of just about all levels of experience. More advanced training workshops are offered, at extra cost, throughout the weekend.

Equipment.

Are you one of those who put their equipment in the closet in September or October and don't touch it again until May? Now is the time to consider pulling it out and making sure you can depend on it come May. For example, when was the last time you had your regulator serviced? It should be done every year so why not beat the rush. Does your tank need to be hydrostatically tested? If so, you will be without it for a little while, so why not do it now so it will be back when you need it.

There is other equipment (i.e. cameras, BCs, wet/dry suits, etc.) that could probably stand being dusted off and checked to make sure they're ready for a new season.

Continued on next Page -->



The Newsletter of the United Divers of New Hampshire

Editors: Jake Richter
Linda Richter

Submissions

Editorial contributions may be e-mailed to dive@strokeofcolor.com or FAXed to 603-432-0817. Submissions can also be sent on paper or PC floppy to:

Jake Richter
Editor
Dive Log
12 Heritage Lane
Derry, New Hampshire 03038

Please include a brief byline and author contact information with your submission. Submission shall automatically constitute an expressed warranty by the contributor that the material is original and is in no way an infringement on the rights of others. While no compensation is paid for published submissions, a byline indicating the source of an article will always be provided. Authors grant *Dive Log* and United Divers of New Hampshire first print rights to the submission. *Dive Log* and its editors reserve the right to edit all materials as needed. The opinions stated in the articles in *Dive Log* are those of the writers and do not necessarily reflect the opinions of the United Divers of New Hampshire or the editors of the *Dive Log*. For further information, please contact Jake Richter at 603-432-0234.

Subscriptions

Subscriptions to *Dive Log* are included in the UDNH membership fees. Non-members may subscribe to the newsletter for \$15/year. Subscription inquiries should be addressed to Jake Richter as well.

Advertising

Rates for a full year placement (6 bimonthly issues) range from \$75 to \$360, depending on placement size and location. For detailed information on advertising in *Dive Log*, contact Linda Richter, 603-432-0234.

Copyrights

All material Copyright © 1996 by the United Divers of New Hampshire or Jake Richter, unless otherwise noted.

Fitness.

Then, of course, there is the piece of equipment known as your body. Oh how easy it is to get out of shape over the winter. Being out of shape when you start back diving in the spring can take a lot of enjoyment out of diving and can even be dangerous. Speaking from experience, it usually takes longer to get back into shape than it did getting out of shape.

So, the sooner you start getting your body ready, the better prepared you will be when the time comes for that first dive of the year. And it really doesn't take that much. Something as simple as walking on a regular basis can, over the course of several months, help you shed a few pounds and improve your cardiovascular system. The important thing to remember is that, regardless of where you do your exercising, at home or a health club, that you maintain a regular exercise program.

These are just a few ideas for getting prepared for diving. Don't forget that the more prepared you are, the more you'll enjoy diving and the safer your diving experiences will be. So, even though there is snow on the ground, there is no time like the present to start getting ready for another exciting season of New England diving.



Flounder by Jim Frederick

Meeting Minutes

February 5, 1996

The meeting started a bit late due to a combination of weather and the fact that two officers were late, and two were who were traveling, far away.

Jake Richter talked about the DEMA (Dive Equipment & Marketing Association) show he and Linda went to in New Orleans in January, and brought up the topic of a club dive trip (for which they picked up a bunch of brochures of various destinations at DEMA). After group discussion, it was determined that club members were overwhelmingly in favor of doing a trip to some Caribbean location during the Fall or Winter (so that it wouldn't cut into our local prime diving season). Jake also repeated the request for a cover picture for the March/April newsletter as well as more articles.

Rick Bardsley brought up the Boston Sea Rovers (BSR) show, and renewed the call for volunteers. Don Eva, Tom Tremblay, Jim Fredericks, Lea Nichols, June Bardsley, Wayne Russell, Alison Lovely, Rick Tuttle, and the Richters offered to help out. Rick indicated he would organize a meeting to coordinate exhibiting at the show. Rick also put a motion on the floor to pay for Ken Anderson to take the Oxygen provider course at the BSR show. This was tabled until Ken returned so it could be determined if he was available and interested.

Wayne Russell and Lea Nichols spoke briefly about the upcoming ice dive at Lake Winnepesaukee, and remarked that anyone interested in doing the dive should make sure to attend training during the following meeting, bringing along swimsuits, fins, snorkel, and masks. Wayne confirmed that the March 4th meeting would feature the Divers Down footage of the club's Glen Ellis ice dive last year.

Under new business, Tom Tremblay suggested the club sponsor a navigation diving competition. This was deferred until Ken Anderson returned from his travels, since, as Dive Coordinator, he should be involved in anything like this.

After the meeting ended, Jake Richter presented a slide show about Cozumel, topside and underwater.

February 19, 1996

The meeting opened with a quick review of the previous meeting for the benefit of Phil Morrison and Ken Anderson, who were both traveling at the time.

Linda Richter gave the Treasurer's report, indicating finances were currently in good shape, and that more membership fee payments were still coming in on a regular basis.

Continued on next Page -->

Rick Bardsley gave an update on the Boston Sea Rovers show club exhibit, with several others talking about the various things one could do at the show, both for the exhibit and as attendees.

While handing out DAN (Divers Alert Network) literature to attendees, it was remarked upon that we should be getting some credit as DAN Bronze sponsors for club members who enrolled as DAN members. Jake was going to check into this and provide more information at the next meeting.

Since Ken Anderson was present at the meeting, Tom Tremblay, with the support of several others, brought up the idea of a dive navigation competition again, both within the club, and between UDNH and other clubs. It was decided to look at doing something along these lines at the first major club dive in May, and Ken would also discuss it at an NEADC (New England Aquarium Dive Club) meeting coming up the following evening (Feb. 20). The meeting ended, and then Lea Nichols and Wayne Russell showed a video about ice diving, and talked about what would be happening at the Lady of the Lake ice dive on February 24th. Pool training followed.

Things to think about

Keep an ear and eye open for "The Tub Ride" on the Pascatug River sponsored by Gary Thuillier. Saturday date depends on when the ice starts to melt.

We need dive leaders - chose your favorite spot. Contact Ken Anderson to arrange a club trip there.

Wanted: Nitrox Divers to go diving. See Ken Anderson or Mike Griffin



Details on the Navigation Contest - volunteers?

Diver1 Word Search by Sue Lepore



Look for these words across, down or diagonal.

- | | |
|----------|------------|
| BELIZE | FIN |
| BONAIRE | MASK |
| BUOYANCY | NIKONOS |
| CAYMAN | NITROX |
| COUSTEAU | REEF |
| COZUMEL | REGULATOR |
| CURACAO | SCUBA |
| DACOR | SHERWOOD |
| DAN | UNDERWATER |
| DRYSUIT | WETSUIT |

<u>WRECK DIVING</u>	M/V DIVEMASTER	<u>SPORT FISHING</u>
	<u>CAPTAIN BILL'S CHARTERS</u> "Fishing and Diving at its Best"	
<u>NIGHT DIVING</u>	Bill Wagner 145 Griffin Road Deerfield, NH USCG# 675776 Phone: 603-463-9028	<u>COD FISHING</u>

Things Your Instructor Didn't Tell You! (or Rick's Parables & Rules of Diving)

Don't take up diving to get a suntan.

People who look good with a mask on are usually ugly without one.

Inverse Law of Patches: A diver's ability is inversely proportional to the number of patches they wear

Diving unprotected with a stranger is like having unprotected sex with a stranger.

Never clear a snorkel on a Mexican Federale'

Anyone who says they have never been afraid while diving hasn't been diving or is a bad liar.

Never use a sun intensifier lotion within 30 miles of the Equator.

People say the funniest things when you shut their air off.

Never have sex underwater above a coral reef.

Dry Suits and Beers do not mix

Buddies are never where you need them to be.

You WILL run out of film before the Whale Shark Swims By

60 minute camcorder batteries aren't

How to avoid shark attacks:

1. Never Leave Kansas
2. Roll in manure before diving. Sharks hate anything breaded
3. Always dive with a buddy. On sharks approach, point to buddy
4. Dive with a briefcase. Shark may mistake you for an attorney and leave you alone out of professional courtesy

You can spot divers by:

1. Funny Tan Lines
2. Big Watch
3. Says "Huh" a lot
4. Bad shocks and springs in car
5. Scars from trigger fish bites
6. Expertise on antihistamines

Continued on next Page -->

SCUBA PRO		VIKING
<div style="border: 3px double black; padding: 5px;"><i>ATLANTIC AQUASPORT</i> PROFESSIONAL DIVING EQUIPMENT</div> <p>522 SAGAMORE ROAD, RYE, NH 03870</p> <p>DON STEVENS 603-436-4443</p>		
INSTRUCTIONS		RENTALS

JAY N. GINGRICH Sales / Service Instruction / Rentals Charters / Commercial DACOR - U.S. Divers - Henderson - and more...	Portsmouth Scuba 513 Marcy Street Portsmouth, NH 03801 (603) 436-4887
--	---

You can spot old time divers by:

1. Funny Tan Lines
2. Big Expensive Watch
3. Old Jeep with bad shocks
4. Log Book has volume number on cover
5. Deaf in at least one ear
6. Has multiple scars.
7. Has cylinders older than you are
8. Talks about making their first wet suit
9. Dive gear is faded
10. Limps from Dysbaric Osteonecrosis

You can spot newbie divers by:

1. Sunburned
2. Timex Watch
3. Nice car
4. Fills in all the blanks in their logbook
5. No diving related scars
6. Says "Wow, did you see that" a lot
7. Equipment looks nice
8. Perfect hearing

Good Things to say to Students or Things Instructors Say

Welcome to the food chain folks, you are no longer on the top!

So what's your point?

Ah, we did cover this in class didn't we?

What part of this did you understand?

No, descending butt first is not acceptable

You couldn't make it to class because your what died?

I'm sorry, but no matter what the store owner said I'm not going to carry all your gear around for you

Yes Sir, a bad attitude does come with the job

I see, you just forgot to mention the epilepsy

Yes, I know you were scared, but don't ever bite me again!

What do you mean you always bleed like that?

You don't want to do the buddy breathing because you have what!

No, this isn't all I do for a living

UNDERWATER PHOTO-TECH

YOUR COMPLETE UNDERWATER PHOTO CENTER

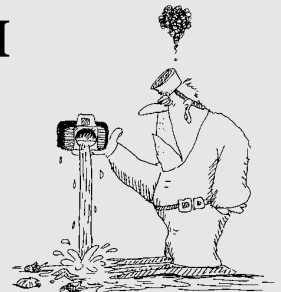
COME AND SEE OUR SHOWROOM

at

**16 Manning Street, Suite 104, Derry, NH 03038
603-432-1997**

NEW and USED

**CAMERA SYSTEMS IN STOCK
BOOKS AND ACCESSORIES FOR
ALL YOUR U/W PHOTO NEEDS**



GARY CARBONNEAU

UNDERWATER PHOTOGRAPHY

COMMERCIAL CONSTRUCTION

**Box 273
Windham, NH 03807
603-893-6957**

Specializing in Northern New England Shipwrecks

Yes, this is what I do for a living... why?

No Sir, I really can't explain all the biochemical reactions in the body to hyperbaric stress ... BTW, what did you say you did for a living?

Don't worry about this dive UNLESS.._____ ! (fill in from below)

1. You hear the theme music from JAWS
2. You see someone's foot hanging out of a fish's mouth
3. All the fish on the reef disappear
4. You see the boat pass you going down while you're on the anchor line.

You know your too deep when I start looking good

You know you need to lose weight when remora' and pilot fish start hanging around you.

You know you need to lose a lot of weight when you can't complete a beach dive because the

"Save The Whale Foundation" folks keep pushing you back in the water.

Things Dive Masters Say

I don't care who the hell you are Mr. Cousteau.
Everyone does a pool checkout!

To a nice looking lady carrying her handbag on board:
Can I help you with that Mam?

To a guy carrying a set of twin 120's on board. Looks heavy dude!

You should've been here last week, the visibility was great

You didn't see the whale shark?

This is just my day job. I want to be an instructor and make the big bucks

Things Store Owners Say

REFUNDS!.. We Don't Give No Stinking REFUNDS!!!!

OK, it's 2 AM, you drive till we get there

As their instructor, they trust you... so sell like hell!

Look, I'm, letting you take the boat trips for free, what else do you want?

I can't pay you anymore, you know I don't make money on classes

I can't pay you anymore, you know I don't make money on trips

I can't pay you anymore, you know I don't make money on equipment sales

Sorry about the problem with that check

Well, I couldn't find the student certification forms you signed, so I signed them off myself.

BTW, did I mention that I had enough certifications now to get my Master Instructor!

Let's see, that will be \$3,289... oops! I forgot the mask clear, that will be \$3,292.45!

If I gave you 10% off, I couldn't stay in business!

It's the instructor's fault

Sure, anyone can learn to dive, now what was that problem you had?

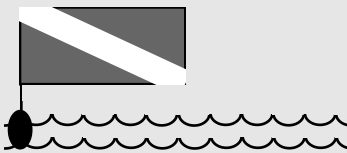
OK, so your out of the hospital, when can you take another class?

You want a compass... hmmm, you must mean a directional monitor

Things Divers and Customers Say

Yeah, like I was in the SEALS, but I can't find my card

Continued on next Page -->



Aqua Ventures

Dive Center

Advanced Open Water
Rescue Diver
Specialty Programs

Weekly Boat Dives
Air Fill Cards
Equipment Rentals

20 Lowell Road

603-598-5100

Hudson, NH 03051

You got any of that scuba stuff here? (toothpick in mouth mandatory)

Can I be certified by tonight, I'm leaving for Cancun tomorrow

My friend Chuck took me diving once. Can I get a discount?

I never had this problem before

Can I hold your hand during the dive?

Are you married?

What do you mean I made a 36 on the test?

I hate your guts

Thank you very much!

The Great Lies of Scuba Diving

Sure, anyone can learn to dive!

Diving is perfectly safe!

Nah, you don't have to be a good swimmer to dive

You can learn to dive in just three days!

Useful Hand Signals Not Found in Diving Manuals

Point finger at SPG. *Means:* How much air do you

have? Raise middle finger if partner has more air than you!

Point at mask. Draw line across chest followed by drawing line from sternum to stomach. *Means:* Look at the babe over there who's top has fallen off.

Variation #1 Draw line from hip bone to hip bone. *Means:* Look at the stud muffin/babe over there who's trunks/bottoms have fallen down.

Point in a direction, followed by making squeezing motions with both hands. *Means:* Lets follow the gal/guy in the thong!

Make a motion with hand simulating the use of a yo-yo preceded with a pointing motion. *Means:* Look at the Yo-Yo!

Thrust finger of either hand against mask of another diver until their head bounces off cylinder valve. *Means:* Please pay attention!

Point at regulator, then point at crotch or rear end. *Means:* Bite me!

Copyright © 1995 Rick Williams

Web Site: <http://www.evansville.net/~mmd/p&rdive.html>

**NH's TRANSMISSION SERVICE CENTER
RUSSELL AUTO INC.
FOREIGN AND DOMESTIC**

WAYNE RUSSELL

**247 SO. WILLOW ST.
1-800-562-8229**

**MANCHESTER, NH
603-625-6438**



PADI

DACOR

DIVERS DEN DIVE SHOP, INC.

**EQUIPMENT SALES, RENTALS, & SERVICE
HAVE YOUR EQUIPMENT SERVICED NOW FOR THE SUMMER
STOP IN AND SEE WHAT'S NEW FOR THIS DIVE SEASON
730 MAMMOTH ROAD MANCHESTER, NH 03102
603-627-2536**

SHERWOOD

U.S. DIVERS

HENDERSON

1996 Meetings and Events

March 2 & 3 - Event

- The 42nd Annual Boston Sea Rovers Underwater Clinic and evening program at the Copley Plaza Hotel. Call 617-424-9899 to purchase tickets, and 617-267-5300 to reserve a room for the weekend at the hotel.

March 4 - Meeting

- Presentation of the Divers Down television program of last year's UDNH Glen Ellis Falls ice dive. Open pool time follows.

March 18 - Meeting

- Presentation by Keith Ellenbogen - *SCUBA Talk - Guide to Underwater Communications*. Open pool time follows.

April 1 - Meeting

- Presentation by Dave Ayotte of Divers Den on preparing your dive equipment for the diving season. Open pool time follows.

April 15 - Meeting

- Presentation *Cape Ann to Cape Neddick - A Diver's View* by Mike Lodise. Open pool time follows.

May 6 - Meeting

- Presentation TBD. Open pool time follows.

May 11 - Event

- Dive season kick-off club dive at Fort Foster. Contact Ken Anderson at 603-672-4444 for details.



Club Meetings

Meetings are held the first and third Mondays of each month, except for January, November, and December, and when a meeting might interfere with the Independence Day or Labor Day holidays. We encourage potential members to attend a meeting or two to experience our club before joining. The meetings are held at the YMCA on 30 Mechanic St. in Manchester. The meetings start at 7:16 PM. Each meeting consists of a short business portion followed by a variety of presentations and discussions. Immediately following the club has an hour of pool time for swimming, trying out gear, and the occasional game of underwater hockey. Members and guests often meet afterwards at a local restaurant for food and drink.

Extreme Weather

Meetings will be held if the YMCA is open. You can call them at 603-623-3558. Check close to the meeting time as the front desk often has no advance warning of early closures.

Membership

Annual dues for membership for 1996 in the United Divers of New Hampshire are \$25/individual or \$40/family. Dues are not prorated for members who join later in the year. To join, please contact Jake Richter, 603-432-0234.

Get in the Swim

After every meeting, the YMCA pool is open to our dive club for an hour of fun and fitness.

Don't wait for the ice to thaw before trying out that new equipment, the pool is the perfect place. Check out the club calendar for special presentations in the pool like dive knife use or trying out a dry suit. So bring a suit and a towel to every meeting and get into the swim.

United Divers of New Hampshire Contact Information - 1996

President	Phil Morrison	603-529-4361
Vice President	Rick Bardsley	603-673-8539
Treasurer	Linda Richter	603-432-0234
Secretary	Jake Richter	603-432-0234
Dive Coordinator	Ken Anderson	603-672-4444



AUTO REPAIR
SKILLED MECHANICS




**MANN'S TRANSMISSION
AND AUTO REPAIR**
ALL WORK GUARANTEED

Over 20 Years of Service

RONNIE MANN
(603) 883-9015

836 W. HOLLIS ST.
NASHUA, NH 03062



COMPLETE ELECTRICAL SERVICE

BELCO ELECTRIC

RESIDENTIAL, COMMERCIAL, INDUSTRIAL
FULLY LICENSED & INSURED

DICK BARDSLEY

OFFICE (603) 673-9600
HOME (603) 673-8539



United Divers of New Hampshire
P.O. Box 703
Manchester, NH 03105

Forward and Address Correction Requested



Dive Log is the monthly newsletter of the United Divers of New Hampshire, an organization dedicated to educating divers and expanding the knowledge of diving in the State of New Hampshire and New England.

In This Issue:

- The Weather Played Tricks
- The President's Corner
- Meeting Minutes
- "Things Your Instructor Never Told You"
- 1996 Meetings and Events

Welcome New Club Members!!!

Moe, Ellen and Chris Delisle; Alison Lovely; Donald, Muriel and Jason Belcourt; Mary Guillemette; David Denoncourt; and Jerry Clark